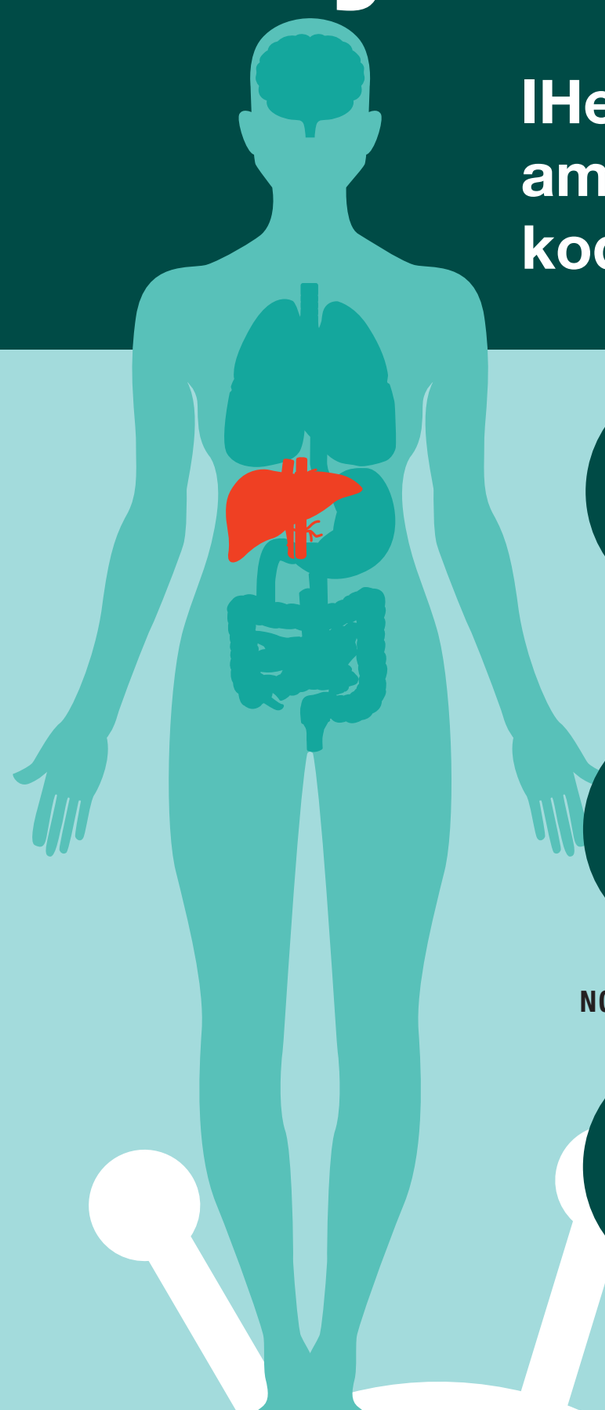
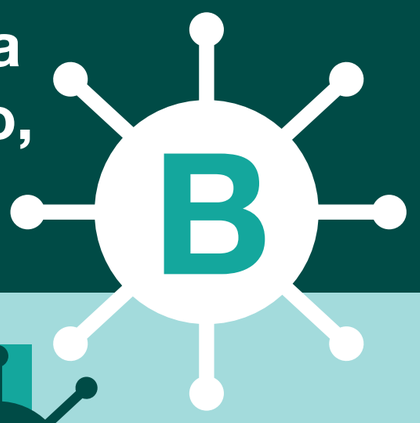
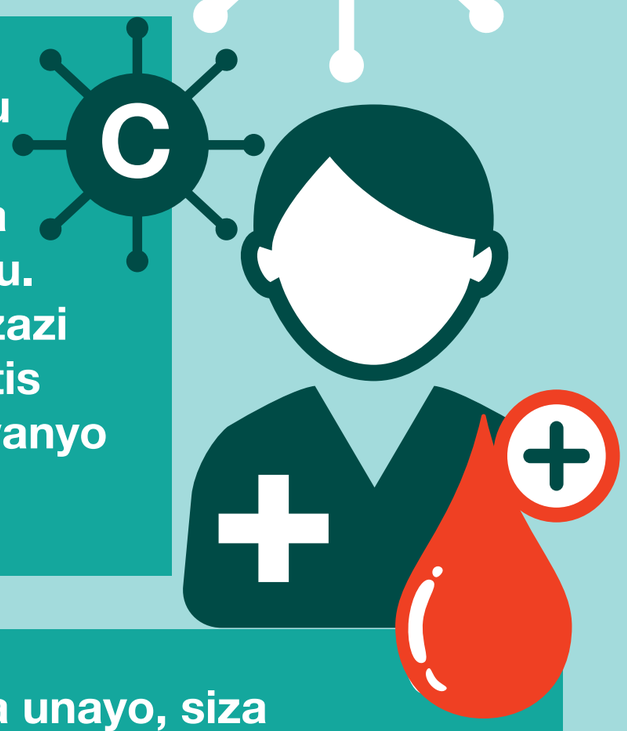
Inyani ngeMpilo yeHepatitis

IHepatitis ithetha ukudumba kwesibindi. Amaxesha amaninzi yenziwa yintsholongwane. Zininzi iintlobo, kodwa uhlobo B no C zixhaphakile.





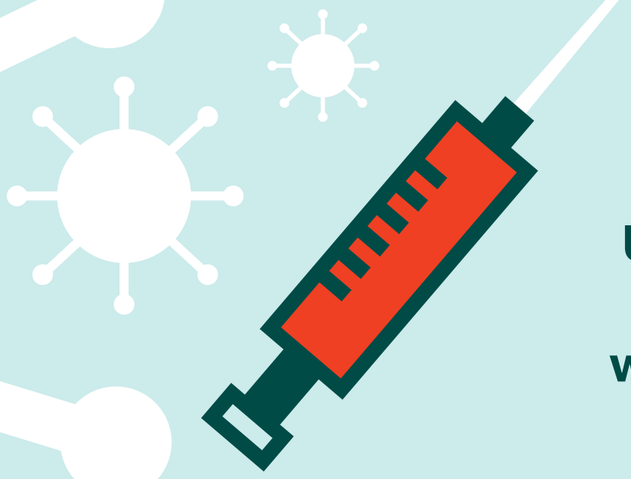
Bambalwa abantu ababaneempawu Xa iimpawu zivela zingabamandundu. Inye indlela yokuzazi ukuba uneHepatitis kukuba ubenovavanyo kwegazi.



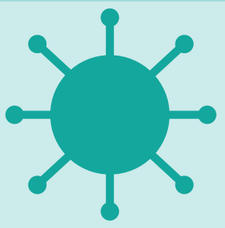
Ukuba ufunyanwa unayo, siza kukunceda ukuba ufune ukhathalelo lonyango ukunqanda ukugula kwelixa elizayo kwaye nokunqanda ukusasaza intsholongwane.

Ulwesulelo

IHepatitis B noC zisulela kakhulu kune HIV kwaye zisasazwa xa igazi elichaphazekile okanye amanzi omzimba engene kumzimba womntu.



Uvavanyo



Ungavavanyelwa ihepatitis B noC kweli ziko. Thetha nomsebenzi wezempilo kule sayithi ukufumana lubanzi.

Ukukhusela isiqu sakho

Sebenzisa izixhobo zokubulala iintsholongwane ukuba usebenzisa iziyobisi

Sebenzisa ikhondom nesithambisi xa usabelana ngesondo

Ungaze wabelane ngento yokucheba iinzipho, ibrashi yamazinyo okanye irazor

Ugomo? Ungagonyelwa iHepatitis B

Unyango? Zombini iintsholongwane zingalawuleka kwaye iHepatitis C inganyangeka.

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